

The bible for hockey coaches at all levels of competition. The Hockey Play Book is a practical handbook for coaches seeking better players and better team-play. The book features systems for defensive, offensive and special-team situations, all accompanied by annotated, easy-to-understand diagrams. The systems range from conservative to aggressive -- some are intended for big, physical teams; others for fast-skating and highly skilled teams; and some work for both. Also included are teaching methods and drills for honing specific skills. The first challenge for every coach is to determine the abilities of each skater. The approach in The Hockey Play Book is effective with players of all ages and levels of ability. Coaches can match systems with team strategy, bringing a special creative magic to one of the fastest team sports in the world. The Hockey Play Book includes: 500 step-by-step diagrams Dozens of plays and skill-building drills Conservative and aggressive systems Teaching strategies for all levels of play

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