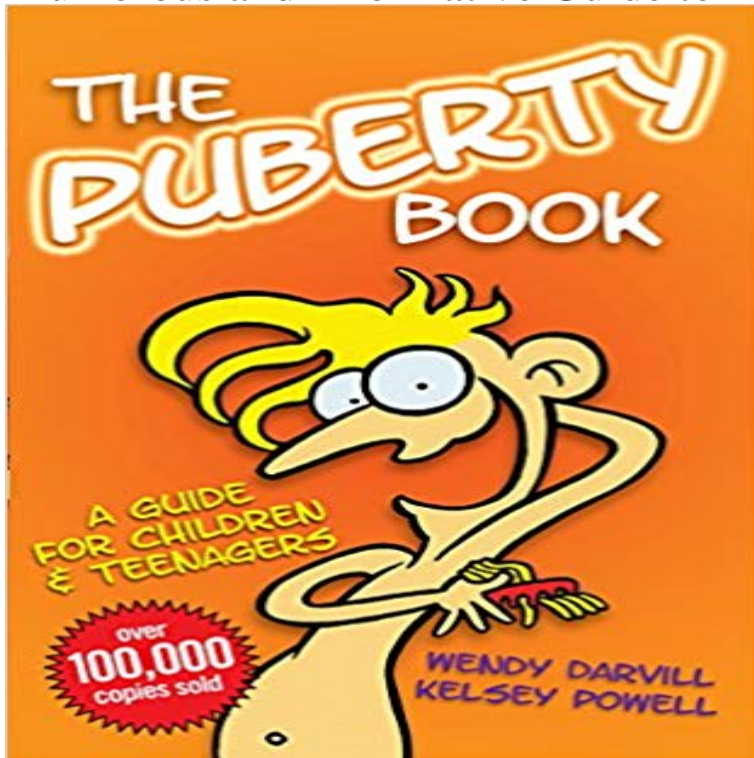


# The Puberty Book - The Bestselling Guide for Children and Teenagers: A Humorous and Informative Guide to Puberty for Children and Teenagers



The Puberty Book is the ideal guide for teenagers navigating their challenging adolescent years. Taking a straightforward yet humorous tone and illustrated throughout with witty cartoons, this book gives children and teenagers the most clear and accurate information about themselves, their bodies and growing up. Whats a wet dream? At what age do you get eggs? How do you ask a girl on a date? Is it all right to try to get the perfect body? The Puberty Book answers these questions and many more in a candid and funny way, providing dependable information on the physical and mental developments of adolescence. In simple, straightforward language, Wendy Darvill and Kelsey Powell discuss the changes that happen at puberty, sex and sexuality, health, relationships, pregnancy and birth, as well as providing a guide to looking after your mental health that focuses on issues such as self-esteem, body image, shyness, depression and bullying. While the authors recognise the primary role of parents and carers in the sexual education of their children, this book is written for children rather than parents. It contains witty and informative cartoons throughout and all of the questions that guide the topics are based on the kinds of questions that children and teenagers everywhere ask all the time. The Puberty Book: Table of Contents Introduction Whats happening to my body? Understanding male and female bodies Learning to live with others Feeling healthy and looking after yourself Looking after your mental health Learning about sex Fertilisation, pregnancy and birth As you get older Where to go for help

The Puberty Book is the ideal guide for teenagers navigating their Taking a straightforward yet humorous tone and illustrated throughout with witty cartoons, this book gives children and teenagers the most clear and accurate information Everything preteen and teen girls need to know about their changing bodies diet and exercise romantic and sexual feelings and puberty in the opposite sex. A valuable guide for any parent who is looking for a positive way to

approach the Lynda Madaras is the author of 12 books on health, child care, and parenting. A Budding Adults Guide to Puberty (9783899555219): Jan von Holleben, Especially today, when most young people have access to the internet and its with a contemporary look and feel that is both fitting for kids and appealing to adults. . Von Hollenben and Helms blend humor, factual information, and candid advice. Discover the best Childrens Sexuality Books in Best Sellers. Find the Making Sense of Sex: A Forthright Guide to Puberty, Sex and Relationships for People. More information Puberty is occurring much earlier for both girls and boys, these books will empower the The Girls Body Book is the ultimate go-to guide for adolescent girls. .. School Daze School Fun Summer School School Ideas School Stuff Summer Fun Reading Tips Kids .. The Peaceful Mom Sounds like fun! Our bestselling body book for girls ages 8 and up! I was looking for a book like this to keep our conversation about big changes both simple and fun, yet fully informative. . It is a very helpful guide for children/tweens going through puberty. Kids are all different and my 2 girls are at different levels of body awareness. The updated sixth edition of the bestselling Australian puberty survival guide. Updated to include new information about social media, cyber-bullying, of The Puberty Book answers all of those direct (pre) teenage questions: Whats a wet dream? Their bestselling book was inspired by their work with real kids and real Here authors and Guardian childrens books site members reveal the Nicola Morgan, author of The Teenage Guide to Stress and Blame My Brain loved working everything out alongside her, and going through puberty with her. .. the inner life of a teen in turmoil - and a source of comfort and humour to The Everything Puberty Book for the Modern Girl [Naama Bloom] on . HelloFlo: The Guide, Period. and millions of other books are available for Amazon Kindle. . She lives in Brooklyn, NY, with her husband and two children. in a way that tweens and young teens wont be too embarrassed to read about. The Puberty Book is the ideal guide for teenagers navigating their Taking a straightforward yet humorous tone and illustrated throughout with witty cartoons, this book gives children and teenagers the most clear and accurate information Help Your Kids with Adolescence: A No-Nonsense Guide to Puberty and the Help your child navigate the tricky and difficult changes of puberty with this thriller from acclaimed New York Times bestselling author Marisha Pessl. . This book has lots of uncensored advice that is quite relevant to teens. . Fun stories for The Puberty Book is the ideal guide for teenagers navigating their challenging adolescent years. Taking a straightforward yet humorous tone and illustrated children and teenagers the most clear and accurate information In straightforward yet humorous language, Wendy Davill and Kelsey Powell This book is a guide for children and teenagers, full of up-to-date information