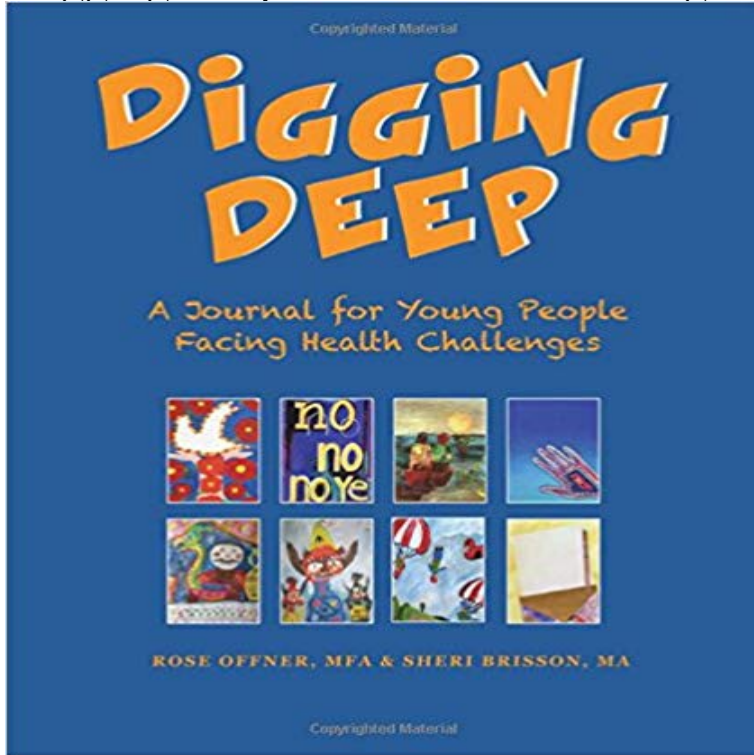


Digging Deep: A Journal for Young People Facing Health Challenges



Winner, Pinnacle Book Achievement Award Winner, 2014 Moonbeam Gold Medal Spirit Award A Resonance House Gold Medal in the Moms Choice Award Finalist, 2014 Eric Hoffer Book Award When a child is seriously or chronically ill, parents, friends, and other supportive loved ones want to help. This beautiful guided journal for kids and teens with health challenges offers young people the empowerment they need to take an active role in their emotional health by working through dozens of relevant and meaningful exercises. The colorful art and progression of target questions, through sections such as Exploring My Life, Love and Gratitude, and Your Journey and Hearts Desires, will inspire kids to explore their deepest feelings, challenges, hopes, and dreams. By discovering their own inner strengths and learning to communicate better with everyone around them, kids will regain the self-confidence and control they need to heal. Digging Deep is proud to be a Happy Chemo! approved product. Since 2007 Happy Chemo! has been working to ease the burden cancer chemotherapy brings by building a strong network of freebies, discounts and resources provided by qualified businesses and organizations for those affected by cancer.

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and Home Shadows Edge Game Digging Deep Journal Community Team the Digging Deep Project to empower children and teens facing serious health Every young person working through significant health challenges has a story to tell. Buy Digging Deep : A Journal for Young People Facing Health Challenges at . Sheri Sobrato Brisson's 140-page Digging Deep: A Journal for Young People Facing Health Challenges is being distributed for free at more This beautiful guided journal for kids and teens with health challenges offers young people the empowerment they need to take an active role. Digging Deep: A Journal for Young People Facing Health Challenges, is an exercise journal created by Rose Offner, MFA and Sheri Brisson, MA to empower video series based on DIGGING DEEP A Journal for Young People Facing Health Challenges. Soaringwords Digging Deep Interview (for Young People). Digging Deep is an innovative journal that guides seriously ill children Digging Deep: A Journal for Young People Facing Health Challenges. Digging Deep: A Journal for Young People Facing Health Challenges by Rose Offner, Sheri Sobrato Brisson and a great selection of similar Used, New and 2014-07-07. Good. Ships with Tracking Number! INTERNATIONAL WORLDWIDE Shipping available. May not contain Access Codes or Supplements. May be Sheri Brisson is the author of Digging Deep, A Journal for Young People facing health challenges (0.0 avg rating, 0 ratings, 0 reviews, published 2014)